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To qualify for the member rate, you must be an APNL member in good standing when submitting the registration form. Membership dues will not be accepted at the door.

Payable by cash or cheque only

Send To: APNL Winter Workshop
P.O. Box 26061
RPO LeMarchant Road
St. John's, NL A1E 0A5

For further information about the workshop contact:

Janice Burke 777- 2031

janice.burke@easternhealth.ca

OR

Denise Hand 777-5398

denise.hand@easternhealth.ca

For information on APNL membership log on to the APNL website

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jodi.spiegel@easternhealth.ca



Presents

Joan Durrant, Ph.D.

IN A ONE-DAY WORKSHOP

“WHAT DO I DO INSTEAD?”

**AN INTRODUCTION TO
POSITIVE DISCIPLINE**

MONDAY, MAY 17, 2010

9:00 AM – 4:00 PM

(REGISTRATION AT 8:15 AM)

**MAIN AUDITORIUM
HEALTH SCIENCES CENTRE**

St. John's, NL

About the Speaker

Dr. Joan Durrant is a Psychologist and Professor of Family Social Sciences at the University of Manitoba. She obtained her PhD in Child-Clinical Psychology from the University of Windsor, completing her doctoral internship at Chedoke-McMaster Child and Family Centre in Hamilton, Ontario. She held teaching positions in the Psychology Department at the University of Guelph and in Child Studies at Brock University before joining the Faculty of Human Ecology at the University of Manitoba in 1990. There she teaches courses in children and violence, risk and resilience, and life-span human development.

For 20 years Dr. Durrant has been conducting research on the psychological, cultural, legal and human rights dimensions of physical punishment of children in Canada and worldwide. She is the co-author of the Canadian *Joint Statement on Physical Punishment of Children and Youth*, which has been endorsed by more than 370 professional organizations. She was co-editor of *Eliminating Corporal Punishment: The Way Forward to Constructive Discipline*, published by UNESCO and launched at United Nations headquarters in New York and Geneva. She has been a member of the Research Advisory Group to the *United Nations Secretary-General's Study on Violence against Children*, the Research Advisory Group to the *Canadian Incidence Study of Reported Child Abuse and Neglect*, and the American Psychological Association's *Task Force on Corporal Punishment*, and is an Editorial Advisor to the *Centre of Excellence on Early Childhood Development*. Dr. Durrant has written many materials for parents, and spoken to parents, professionals and governments in many countries. Most recently, she has written two manuals on positive discipline – one for parents and one for teachers - published by Save the Children Sweden.

Workshop Schedule:

9:00	Introduction and Overview
9:30	The Rationale for Positive Discipline – Research and Rights
10:30	BREAK
10:45	Building Blocks 1 & 2 of Positive Discipline – Long-term Goals, Warmth and Structure
12:00	LUNCH
1:00	Building Blocks 3 & 4 of Positive Discipline – Understanding Child Development, Problem-Solving
2:30	BREAK
2:45	Putting it All Together
3:30	Questions, Discussion, and Wrap-up
4:00	END

Workshop Description

Research has consistently demonstrated the ineffectiveness and potential for harm by physical and humiliating punishment of children. The UN *Convention on the Rights of the Child* identifies protection from all forms of violence as a fundamental and universal right. Based on research findings and rights standards, communities and governments around the world increasingly call on parents to use discipline that fosters children's healthy development and respects their dignity. But many parents ask what that kind of discipline looks like, and how they can do it.

Often practitioners are challenged to provide answers to parents' questions about discipline, but they lack a clear framework for responding to the range of situations presented to them. The purpose of this workshop is to provide that framework.

The workshop will begin with an overview of research on physical punishment, as well as rights standards, to set out the rationale for positive discipline. Then the positive discipline framework will be described in terms of its four "building blocks". The workshop will conclude with a demonstration of how the framework can be applied to generate constructive solutions to parent-child conflict.